



# Autologous Donation

## Donating Blood For Yourself

**Autologous donations available Monday - Thursday at certain Carter BloodCare fixed sites. Call 817-412-5308. Same day appointments are not available.**

*Giving blood for your own use is a decision that will be made by you and your physician. The term for this process is autologous donation. The following information is designed to help you make the decision that is right for you.*

### **How do I become an autologous donor?**

Your physician must complete and sign an Autologous Request Form and return it to us at least 10 days before your anticipated date of surgery. Once the request is approved, you will receive a call to schedule an appointment at a participating Carter BloodCare Donor Center. Your weight and medical history may determine your eligibility to donate.

### **How soon should I donate before surgery?**

You may donate blood up to 30 days prior to your surgery and no less than five days before your surgery.

### **How can I be sure that I will receive my own blood?**

A special identification tag and bar code is attached to your donation to reserve for your use. A special form is also sent to alert your hospital of your donation. Please know that hospitals and physicians do not inform Carter BloodCare of whether or not you required blood. Your physician's hospital will have this information.

### **What if my donated units are unused?**

Because each autologous donation requires extensive preparation, Carter BloodCare is not able to refund processing and handling fees for unused units. If the autologous units are not used by the patient, the units will be discarded as required by the Food and Drug Administration (FDA).

### **Where can I donate?**

Carter BloodCare offers autologous donation service at certain locations only. When you schedule your appointment you can choose the location that is convenient to you.

### **Why can I donate for myself more often than I can as a regular donor?**

Guidelines from the AABB allow autologous donors to donate with lower hemoglobin (red blood cell) levels than regular donors. Your hemoglobin will be checked before each donation. To maintain your hemoglobin, your physician may prescribe iron supplements.

### **Can I donate for myself if I have a history of heart disease or stroke?**

Only if your cardiologist or internist provides us with a written cardiac clearance letter at least 10 days before your surgery date. A Carter BloodCare physician must also approve before blood is collected.

### **Will you test my blood?**

Each donation is tested for infectious diseases such as hepatitis and HIV. If your donation is unsuitable for transfusion, Carter BloodCare will notify you, your physician and the hospital. We will not disclose your donation information to unauthorized individuals or provide confidential information by phone.

### **I'm a regular blood donor. When can I donate again?**

If you received blood, you will not be eligible to donate again for 12 months after your transfusion.



# Autologous Donation

## Answers to Your Insurance Questions

### What are special donations?

Special donations is a term blood centers use in reference to two types of donations.

- **Autologous donation** is blood you give for yourself before your surgery.
- **Directed donations** are given specifically for you, by blood donors you choose.

### Will my health insurance cover autologous donations?

Insurance providers typically will not cover the cost for autologous donations that are not transfused. Because insurance plans change frequently, Carter BloodCare cannot confirm insurance coverage. If you are interested in special donations, please contact your insurance provider to learn how your plan manages autologous donation.

### Will my insurance plan cover the blood that is taken from the community blood supply?

Carter BloodCare provides transfusable blood components from the community blood supply. These units are industry standard and are also covered or partially covered by many insurance plans.

### If my insurance plan does cover special donations, will Carter BloodCare work directly with my insurance company?

Although Carter BloodCare does not work directly with insurance companies, we will provide a receipt of the charges.

### Do I need insurance pre-approval or a physician referral to proceed?

Although hospitals accept autologous units from Carter BloodCare for patients, they will not confirm that a patient's insurance plan covers the costs related to them. To make an autologous donation, your physician must provide Carter BloodCare with a completed and signed Autologous Request Form. You can donate Monday through Thursday at a participating Carter BloodCare Donor Center. Appointments must be made by calling (817) 412-5308. Walk-ins will not be accepted.

### Why would I be charged to make an autologous donation?

Autologous donation is considered elective, except under specific circumstances. Because autologous donations require additional processing apart from the community blood supply, donors are charged for processing, collecting, testing, preparation and tracking of each unit. The cost for autologous

donation ranges from \$350 to \$550\* and is required at the time of donation.

### Will I pay Carter BloodCare before my donations are made?

Yes. Payment for autologous donation is required at the time of donation and is payable to Carter BloodCare via money order, cashier's check or traveler's check. If arranged in advanced, a credit card may be used. A convenience fee applies for the credit card. Cash is not accepted.

### Autologous Blood Donation Checklist

#### Items to bring with you

- Proof of Social Security number and a valid unexpired photo ID.
- Payment for autologous donation will be required at the time of your visit. Carter BloodCare will accept payment for these services via money order, cashier's check or traveler's check, unless prior arrangements have been made.

#### Getting ready to donate

- Eat a well-balanced meal within two hours before donation.
- Drink plenty of non-caffeinated, non-alcoholic fluids.
- Allow at least one hour for your donation appointment.

#### Your appointment information

Appointment Date(s)

---

Appointment Time(s)

---

Donor Center/Site

---

Telephone Number

---

\*subject to change.

DCL255 AUTOLOGOUS TAG

Color is Green

FRONT

<b>AUTOLOGOUS UNIT</b>	<input type="checkbox"/> IF CHECKED, THIS UNIT IS A LOW WEIGHT/VOLUME RBC	WEIGHT: <table border="1"><tr><td>EYE-READABLE</td></tr></table>	EYE-READABLE	ABO LABEL	DCL255 Version 04	Carter BloodCare
EYE-READABLE						

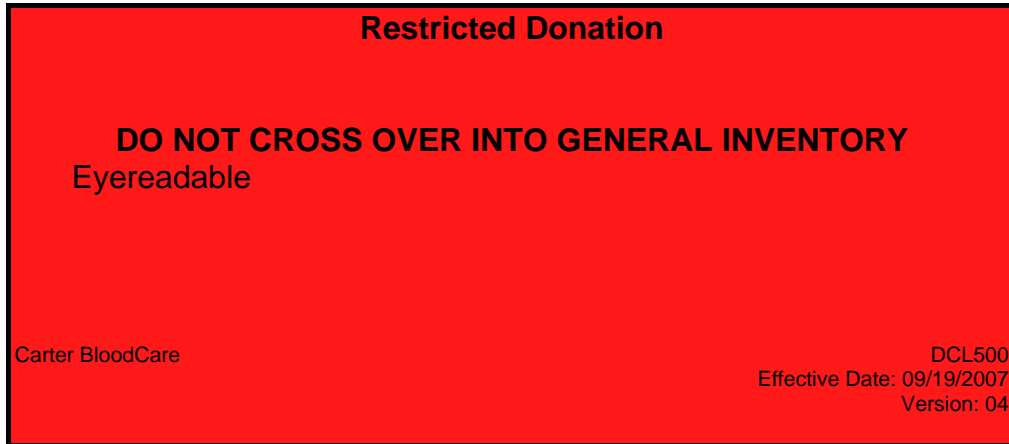
BACK

<b>BLOOD FOR AUTOLOGOUS TRANSFUSION ONLY INTENDED RECIPIENT INFORMATION</b>	
Collection Date _____ Unit # _____	Prepaid <input type="checkbox"/> YES <input type="checkbox"/> NO
Patient Name _____	
Sex _____ DOB _____ SS# or ID# _____	
Hospital _____ Surgery Date _____	
Physician Name _____	
Donor Signature _____ (Signature verifies the information is accurate)	

## DCL500 Restricted Donation Tag

Color is Orange

Front



Back



## ENROLLMENT/PRESCRIPTION FOR NO FEE PHLEBOTOMY FOR HEREDITARY HEMOCHROMATOSIS (HH) PATIENTS ONLY

*Please allow 3-5 business days for processing*

Donor Notification Dept.: Phone: (817) 412-5603 Fax: (817) 412-5609 Email: [DN@carterbloodcare.org](mailto:DN@carterbloodcare.org)

**Patient Information (Legibly print patient's legal name as it appears on their driver's license), fill in all blanks:**

Full Name: \_\_\_\_\_ Gender: \_\_\_\_\_ DOB: \_\_\_\_\_  
Last Name First Name Middle Name

Address: \_\_\_\_\_  
Street City State Zip

Phone #: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

### Patient Self-Schedules Blood Draws at a Frequency Directed by their Physician

**Donation Frequency (mark one):**     8-weeks or greater    **OR**     up to once every 2 weeks

- One unit (500 mL) of whole blood to be drawn at each donation.
- Males are drawn with Hgb  $\geq$  13 g/dL and females Hgb  $\geq$  12.5 g/dL. If patient needs an Hgb target with a lower Hgb value, contact Donor Notification at (817) 412-5603.
- This form is valid for 1 year from the date signed by the physician.
- All fields must be completed for the form to be valid. Additional comments will void the form. Form will be returned if incomplete or amended, resulting in an enrollment delay. Inclusion of patient email will speed patient's receipt of donation instructions.
- For donor eligibility criteria, go to our website: [www.carterbloodcare.org](http://www.carterbloodcare.org)
- Carter BloodCare does not perform Ferritin, Iron or other diagnostic tests.

**Physician Information: My signature verifies this patient is under my care and has been diagnosed with Hereditary Hemochromatosis confirmed by genetic testing. Patient understands phlebotomy will be provided at no cost to them.**

Area for Stamp

Physician Printed Name: \_\_\_\_\_

Physician Signature: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_ Address: \_\_\_\_\_

Fax: (\_\_\_\_) \_\_\_\_\_ Date: \_\_\_\_\_

### FOR CBC USE ONLY

Donor ID#: \_\_\_\_\_

Employee Initials: \_\_\_\_\_ Employee Number: \_\_\_\_\_ Date: \_\_\_\_\_

Comments: \_\_\_\_\_

CBC Medical Director Approval for Phlebotomy:     YES     NO

CBC Medical Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## ENROLLMENT/PRESCRIPTION FOR PHLEBOTOMY DUE TO TESTOSTERONE REPLACEMENT THERAPY (TRT)

*Please allow 3 – 5 business days for processing*

Contact Donor Notification Phone: (817) 412-5603 for questions Fax: (817) 412-5609 Email: [DN@carterbloodcare.org](mailto:DN@carterbloodcare.org)

This form is only required for patients needing to be drawn more frequently than every 8 weeks OR if the patient is unable/declines to donate for the community blood supply.

<b>Patient Information (Legibly print patient's legal name as it appears on their driver's license). Fill in all blanks:</b>				
Full Name:	_____	_____	_____	Gender: _____
	<small>Last Name</small>	<small>First Name</small>	<small>Middle Name</small>	<small>DOB: _____</small>
Address:	_____			
	<small>Street</small>	<small>City</small>	<small>State</small>	<small>Zip</small>
Phone #: (_____) _____	Email: _____			

### Testosterone Therapy Needing Phlebotomy

- One unit of whole blood to be drawn at each donation as frequently as every 2 weeks.
- Patient self-schedules blood draws at the frequency directed by their Physician.
- Males are drawn with Hemoglobin  $\geq 13$  g/dL and females  $\geq 12.5$  g/dL and mini-physical is within normal range.
- This form is valid for 1 year from the date signed by the Physician.
- All fields must be completed for the form to be valid. Form will be returned if incomplete, resulting in a delay in enrollment.
- Patients meeting current donor criteria may have their blood used for the community blood supply.  
Go to website: [www.carterbloodcare.org](http://www.carterbloodcare.org) for donor eligibility criteria.
- Inclusion of patient's email will speed patient's receipt of scheduling information.

<b>Physician Information:</b>	<b>Area for Stamp:</b>
Physician Printed Name: _____	
Physician Signature: _____	
Phone Number: (_____) _____	Address: _____
<small>Area Code Phone Number</small>	
Fax: (_____) _____	Date: _____
<small>Area Code Phone Number</small>	

<b>FOR CBC USE ONLY</b>	
Donor ID#: _____	
Employee Initials: _____	Employee Number: _____
Comments: _____	Date: _____
CBC Medical Director Approval for Phlebotomy: <input type="checkbox"/> YES <input type="checkbox"/> NO	
CBC Medical Director Signature: _____	Date: _____



# AUTOLOGOUS BLOOD DONATION REQUEST

Physician's office:  
Please fax this form at least  
10 days before date of surgery to:  
817-412-5318

Full Legal Name: \_\_\_\_\_ SSN: \_\_\_\_\_  
Last First Middle

Patient's Address: \_\_\_\_\_  
Street City Zip Code

Birth Date: \_\_\_\_\_ Sex: \_\_\_\_\_ Phone: \_\_\_\_\_  
MM/DD/YY Home Business (& Ext.) Cell

Patient Scheduled for: \_\_\_\_\_ at \_\_\_\_\_ on \_\_\_\_\_  
Surgical Procedure/Transfusion Complete Hospital Name Date

Components Needed: [ \_\_\_\_\_ ] RBC [ \_\_\_\_\_ ] FFP [ \_\_\_\_\_ ] CRYO  
Quantity Red Blood Cell Quantity Fresh Frozen Plasma Quantity Cryoprecipitate

### Pre-Assessment Questions

	NO	YES	If "YES," explain
1. Is the patient currently taking an antibiotic or any other medication for an infection?	<input type="checkbox"/>	<input type="checkbox"/>	_____
2. Has the patient EVER had any type of cancer, including leukemia?	<input type="checkbox"/>	<input type="checkbox"/>	_____
3. Has the patient EVER had any problems with their heart or lungs?	<input type="checkbox"/>	<input type="checkbox"/>	_____
4. Has the patient had a bleeding condition or a blood disease?	<input type="checkbox"/>	<input type="checkbox"/>	_____
5. In the past 6 weeks, has the patient been pregnant or is the patient pregnant now?	<input type="checkbox"/>	<input type="checkbox"/>	_____

### Physician Statement:

I have explained the advantages and disadvantages of autologous blood transfusions to my patient. I realize an autologous donation is not always possible. I also understand that autologous donation may cause my patient to be anemic in the period leading up to the surgery. I understand the blood unit(s) that my patient donates may be unavailable for use due to circumstances beyond CARTER BLOODCARE's control.

I also understand that occasionally, an adverse reaction may occur during or after my patient's donation. Such adverse reactions include, but are not limited to, bruising, accidental arterial puncture, bleeding after leaving the donation site, infection, temporary loss of bladder control, seizure, blood clot formation (thrombosis), vein inflammation (phlebitis), nerve injury and/or a fainting spell which may include dizziness, nausea and vomiting.

I also understand my patient will be assessed a fee for the autologous donation(s).

Physician's Name (Print) \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Address: No. Street Suite # \_\_\_\_\_

City State Zip \_\_\_\_\_

Telephone Number \_\_\_\_\_

Fax Number \_\_\_\_\_

CALL 817-412-5308 FOR APPOINTMENTS

### For CBC Use Only

#### Section B: (Completed by Carter BloodCare Medical Director)

- Approved for autologous donation
- Not approved for donation
- Prepaid: \_\_\_\_\_  
Amount and Payment Type, i.e., Money Order (MO), Credit Card (CC), or NMDP
- Waive Fee: \_\_\_\_\_  
Manager/MD Approval Date
- MD approval NOT required

Employee Initials/Employee # \_\_\_\_\_ Date \_\_\_\_\_

Comments:

Carter BloodCare Medical Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_



### AUTOLOGOUS/RESTRICTED WORKSHEET

Patient Name:		Hospital Name:				
Social Security Number:		Transfusion/Surgery Date:				
Medical Record Number:		Physician Name:				
Date of Birth:	Sex:	Physician Phone Number:				
Procedure:		Physician Fax Number:				
Components Ordered: _____ RBC      _____ PEDI      _____ CRYO      _____ FFP      _____ PLT						
Donation Identification Number	Collection Date	Prepaid?		Label Review Acceptable?		
		Yes	No	Yes	No	Initials/Employee # and Date
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Comments\Special Instructions:						



### AUTOLOGOUS/RESTRICTED WORKSHEET

Patient Name:		Hospital Name:				
Social Security Number:		Transfusion/Surgery Date:				
Medical Record Number:		Physician Name:				
Date of Birth:	Sex:	Physician Phone Number:				
Procedure:		Physician Fax Number:				
Components Ordered: _____ RBC      _____ PEDI      _____ CRYO      _____ FFP      _____ PLT						
Donation Identification Number	Collection Date	Prepaid?		Label Review Acceptable?		
		Yes	No	Yes	No	Initials/Employee # and Date
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Comments\Special Instructions:						





TO: \_\_\_\_\_  
Physician Name / Hospital Name

FROM: **Carter BloodCare** \_\_\_\_\_  
**Special Donations Department and Carter BloodCare Physicians** Date

RE: **Autologous/Restricted Donation Attempt for** \_\_\_\_\_  
Donor Name

According to our records, \_\_\_\_\_ unit(s) of blood were to be donated before the procedure. Thus far,

\_\_\_\_\_ unit(s) have been collected. An attempt was made to draw blood for a

scheduled \_\_\_\_\_ on \_\_\_\_\_  
Procedure Date

at \_\_\_\_\_  
Hospital

Unfortunately, blood from that donation attempt will not be available for the procedure.

Listed below is/are the reason(s) the unit(s) will not be available:

\_\_\_ Donor did not meet our eligibility requirements

\_\_\_ Quantity of blood collected was not sufficient for transfusion

\_\_\_ Other: \_\_\_\_\_

**Comments:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**NOTE:** Donor \_\_\_ IS \_\_\_ IS NOT eligible to donate again prior to the procedure. If you have any questions, please contact Special Donations at 1-866-525-3378 or 817-412-5308. We apologize for any inconvenience this may cause.

This form contains health information that is privileged and confidential, the disclosure of which is governed by federal and state laws. If you are not authorized to use or disclose this information, you are hereby notified that any use, dissemination, distribution or copying of this information is STRICTLY PROHIBITED. If you have received this form by error, please notify Carter BloodCare at (817) 412-5308 immediately.

## INSTRUCTIONS

1. Document physician name or hospital name.
2. Document current date.
3. Document donor name.
4. Document quantity of unit(s) to be donated before the procedure.
5. Document quantity of unit(s) that has already been collected from the donor.
6. Document type of procedure, if applicable.
7. Document date the procedure is scheduled.
8. Document hospital where the procedure will be performed.
9. Document the reason the unit will not be available (if "Other," list reason).
10. Document any additional comments.
11. Document whether donor is or is not eligible to donate again prior to the procedure.

## FROZEN AUTOLOGOUS RED BLOOD CELLS – MANAGEMENT RECORD

SECTION A		
Date:	Patient Name:	
DIN #(s)	Date Collected:	Patient Social Security #/ID #:
	Date Collected:	Physician Name:
	Date Collected:	Physician Signature:
	Date Collected:	Physician Phone #:
Surgery Date:	New Surgery Date: (if Applicable)	Hospital Name:
		Hospital Will Accept Charges: <input type="checkbox"/> Yes <input type="checkbox"/> No
		Spoke with:
Reason for Freezing: (please mark appropriate boxes)		Comments:
<input type="checkbox"/> The patient has a rare blood type or multiple allo-antibodies or other serologic problem <input type="checkbox"/> The patient will need blood for a procedure that cannot be scheduled (i.e., delivery of baby or cadaveric renal transplantation) <input type="checkbox"/> The patient has had surgery postponed and will be unable to donate again due to medical conditions		
SECTION B - For Carter BloodCare Use Only		
Received By (Emp Initial/#):	Date:	Date Faxed to Distribution:
Date Units were Frozen:	Discard Date: (90 days from date frozen unless otherwise specified)	
Physician/Transfusion Service Notified Pending Discard <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> OK to Discard <input type="checkbox"/> Freeze 90 More Days <input type="checkbox"/> Other Emp. Initials/#:                      Date:	Date Component Production Notified: (only if unit is to be discarded)
Comments:		



**AUTOLOGOUS/RESTRICTED BLOOD WITH ABNORMAL TEST RESULTS – NOTIFICATION**

PHYSICIAN INFORMATION	
Physician Name:	Telephone Number:
Address:	Fax Number:
PATIENT INFORMATION	
Patient Last Name:	Patient First Name:
Hospital Name:	Donation Identification Number:
Date of Surgery:	Collection Date:

Your patient's blood tested repeatedly reactive for the following screening test(s):

- HBsAg (Hepatitis B Surface Antigen) Pending Confirmation\*
- Anti-HIV-1/2 (Combination test for antibodies to HIV Type 1 & Type 2) Pending HIV-1 Confirmation & HIV-2 Supplemental Testing\*
- Anti-HTLV-I/II (Antibody to Human T-Cell Lymphotropic Virus) Pending HTLV Supplemental Testing\*
- Anti-HBc (Antibody to Hepatitis B core antigen)
- Anti-HCV (Antibody to Hepatitis C Virus) Pending Supplemental Testing\*
- Triplex NAT HIV-1/HCV/HBV (Nucleic Acid Amplification Testing to detect HIV-1 RNA, HCV RNA and HBV DNA) Pending HIV-1, HCV and HBV Discriminatory Testing\*
- Syphilis (Treponemal Test) Pending Confirmation\*
- West Nile Virus (WNV)
- Chagas' Disease (Antibodies to *T. cruzi*)\*

\*Confirmatory, discriminatory or supplemental test results typically available in 1 – 3 weeks.

If similar findings persist on subsequent donations, you will not be notified.

UNIT DISPOSITION	
<input type="checkbox"/>	Unit will be sent to the hospital indicated above.
<input type="checkbox"/>	The hospital does not accept units with this abnormal test result. <u>Unit(s) will be discarded after 24 hours unless otherwise notified.</u>
<input type="checkbox"/>	Unit held pending confirmatory or supplemental testing.
<input type="checkbox"/>	Other (specify): _____
Carter BloodCare Medical Director: _____ Date: _____	

If you have any questions regarding confirmatory/supplemental testing, please call Carter BloodCare's Department of Donor Notification at (817) 412-5603. If you have questions regarding autologous unit availability, please contact the Department for Special Donations at (866) 525-3378.

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# Therapeutic Donation

## Donating Blood For Medical Reasons

**Therapeutic donations available Monday - Friday at all Carter BloodCare fixed sites. Call 817-412-5308. Same day appointments are not available.**

### What is a therapeutic donation?

This type of procedure is provided as treatment for medical conditions or blood disorders. Therapeutic donors do not have to meet the same criteria as an allogeneic donor.\*

### Will my insurance cover a therapeutic phlebotomy?

Because insurance plans change frequently, Carter BloodCare cannot confirm insurance coverage. If you are interested in a therapeutic donation, please contact your insurance provider to learn how your plan manages a therapeutic donation.

### If my insurance plan does cover a therapeutic donation, will Carter BloodCare work directly with my insurance company?

Although Carter BloodCare does not work directly with insurance companies, we will provide a receipt of the charges.

### Do I need insurance pre-approval or a physician referral to proceed?

Carter BloodCare will not confirm that a patient's insurance plan covers the cost related to a therapeutic donation. To make a therapeutic donation, your M.D. must provide Carter BloodCare with a completed and signed Therapeutic Request Form. You can donate Monday through Friday at a participating Carter BloodCare Donor Center. Appointments must be made by calling 817-412-5308. Walk-ins will not be accepted.

### Will I pay Carter BloodCare before my donation is made?

Yes. Payment for a therapeutic donation is required at the time of the procedure and is payable to Carter BloodCare via money order, cashier's check or traveler's check or if arranged in advance, a credit card. A convenience fee applies for the credit card. Cash is not accepted. The cost for a therapeutic donation is \$90 per unit.

### Therapeutic donation checklist: Items to bring with you

- A valid unexpired photo ID.
- Payment for therapeutic donation, unless prior arrangements have been made will be required at donor center via money order, cashier's check or traveler's check.

### Getting ready to donate

- Eat a well balanced meal within two hours before donation.
- Drink plenty of non-caffeinated, non- alcoholic fluids.
- Allow at least one hour for your appointment.

For an appointment please call Special Donation at **(817-412-5308)**

### Your appointment information

Appointment Date(s)

---

Appointment Time(s)

---

Donor Center/Site

---

Telephone Number

---

\*Subject to change. Please call 817-412-5308 for details

\*Certain exceptions apply for HH and LOT programs

**Find out more:**

**carterbloodcare.org • 1-800-366-2834**

06/18